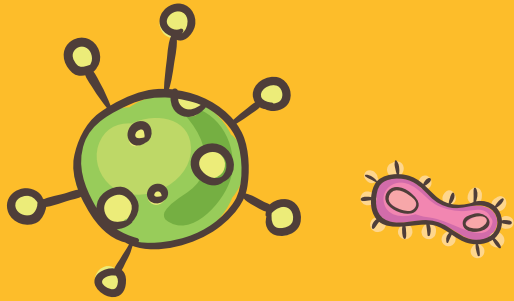


COVER YOUR COUGH AND SNEEZE



Stop the spread of germs that make people sick



When you cough or sneeze
cover your nose and mouth
with a tissue

or

Cough or sneeze into your
elbow, not your hands.



Throw away your tissue!

Clean your hands after
coughing or sneezing.



Thanks!



Building a
Better Health
Service

Seirbhís Sláinte
Níos Fearr
á Forbairt

